### Woman Suffrage Way Bicycle Loop

Voies Cyclables Du Lac Champlain

An intermediate 30.8-mile route through Essex and Whallonsburg, NY.



**Disclaimer:** Users assume all risks, inherent and not inherent, in the use of materials recommending routes of the Lake Champlain Bikeways network and all affiliated organizations, and individuals disclaim any and all liability on their part for damages or injuries to persons or property should they occur. Routes are chosen, designated and/or signed because: they are popular, or are preferred, or provide continuous routes to destinations, or are lightly traveled, or are scenic, or have more room for cars and bikes, or possess a combination of these attributes.



Champlain Valley
National Heritage Partnership



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### **Route Description**

Approaching Lewis, the route passes Meadowmount School of Music, founded in 1944, and once the home of John Milholland who made his fortune by inventing the pneumatic mail tube. His beautiful daughter, Inez, an outspoken feminist and socialist, espoused the cause of world peace. Inez and other "suffragettes" pushed for a constitutional amendment that would establish voting rights for women nationwide. On the day Woodrow Wilson was inaugurated, 25 year old Inez, astride a great white horse, led a parade of thousands of women down Pennsylvania Avenue. Within a few years, following an exhausting speaking tour, Inez was dead. A pageant held in her honor at Meadowmount attracted 10,000 people.

The French District School House on the corner of Alden and Lewis-Wadhams Roads was operated until 1946. It is typical of the one room school houses found throughout Essex County.

### **Safety Guidelines**

Motorists and bicyclists share scenic roads. Use caution on narrow, winding or unpaved roadway. Follow traffic laws and ride safely. Bicycles are vehicles by law and have the right to use public roads. You are responsible for operating your bicycle under all conditions.

## When cycling, please follow these guidelines:

- 1. WEAR A HELMET and cycling gloves.
- 2. Ride with the flow of traffic.
- When using travel lanes, follow motor vehicle laws.Obey all traffic signs and signals. Do not cut corners.
- 4. Use clear hand signals when making turns or stopping.
- 5. Ride in a straight line at least 3' from parked cars or curbs.
- 6. If you must ride at night, use lights and reflectors.
- 7. Ride defensively! Be aware of motorists' actions.
- 8. Be aware of train tracks and other road conditions.
- 9. Ride single file.
- 10. Carry items in panniers or a handle-bar pack.



ROOST-Lake Champlain Region

### **Acknowledgements**

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### **Lake Champlain Bikeways Mission**

To promote bicycling throughout the Lake Champlain regions of New York, Vermont and Québec for the purposes of increasing opportunities for bicycle recreation and transportation, improving the quality of life, enhancing the economic vitality, advocating for sustainable communities, encouraging healthy lifestyles and raising public awareness and appreciation of inherent scenic, historic, cultural, natural, and recreational resources throughout the area.

### **Lake Champlain Bikeways**

Contact Lake Champlain Bikeways at:

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